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“Coming together is a beginning.  
Keeping together is progress.  
Working together is success.”

- Henry Ford, Founder of  
the Ford Motor Company

## List of Forms and Sample Letters

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“My mother was the most beautiful woman I ever saw. All I am I owe to my mother. I attribute all my success in life to the moral, intellectual and physical education I received from her.”

- George Washington,  
1st President of the United States of America

## Introduction

Full disclosure – I’m not perfect. In fact, some of my many attributes contain words such as disagreeable, challenging, non-conforming, and ridiculously optimistic. I also happen to be dyslexic, and so is my son. There, I said it—dyslexia.

One of the biggest challenges that dyslexics face is accepting they’re dyslexic and owning it! This is because they lack understanding as to how their magnificent dyslexic brain works while learning new information. But once they do, miracles begin to happen.

Being diagnosed with dyslexia can seem confusing and overwhelming but also a relief that unanswered thoughts and questions are finally answered. Knowing is growing.

It’s never too early or too late to discover that dyslexia is part of the family gene pool. Sometimes it can even explain some past family member mysteries, such as why Grandpa never read books but always seemed to know so much, or why you or your child has difficulty remembering seemingly simple instructions.

Being dyslexic is really okay. We just need to educate those who affect our daily lives, such as parents, family, friends and teachers that dyslexia is real, and for millions of people, a blessing in disguise.

The fact you're holding this book in your hands says you're ready to learn what dyslexia is all about. And you made the right decision. This book gives you a significant "jumpstart" in learning everything you need to know about dyslexia, how children with dyslexia get help, and how you and others are part of the solution.

You'll be pleased to know that nothing in this book is clinical or boring. Readers appreciate simplicity and inspiration while learning.

In the next few pages, you'll be guided by instructions on reading *A Child's Touchstone*. It is important to work through the learning process, step by step. And although you'll be tempted to jump ahead, have patience by starting in the beginning.

Be prepared however, to experience all kinds of feelings, including epiphanies and a renewed awareness on dyslexia.

Let's get started. Turn the page.



"What do you love to do for fun?", asked the teacher. "I love to draw things that make me happy", said the child.